## **CELL PHONE SAFETY**

Every day, cellular telephones are used to call for assistance in the event of a vehicle breakdown or other personal emergency. The use of cellular telephones can also be distracting and directly or indirectly lead to motor vehicle accidents.

## TIPS FOR TALKING AND DRIVING SAFELY

- 1. Make sure your cell phone is positioned where it is accessible.
- 2. Be familiar with the operation of the telephone, so that you are comfortable using it on the road.
- 3. It is best to dial the telephone when the vehicle is not moving, such as at a stop sign or stop light.
- 4. Use a hands-free microphone while driving.
- 5. Use the speed dialing feature to program in frequently called numbers. This enables the user to make a call by touching only one or two buttons.
- 6. Never take notes while driving. Pull off the road to jot something down. Many mobile phones have an electronic sketch pad that allows keying in a new number while having a conversation.
- 7. Let the wireless network's voice mail pick up calls when it's inconvenient or unsafe to answer the phone. You can even use your voice mail to leave yourself reminders.
- 8. Use the voice activated dialing feature to place a call. Simply say the name, such as "home" or "office" to be immediately connected to personal directory listings.
- 9. Be a Cellular Samaritan. Dialing 911 is usually free for cellular subscribers. Use it to report crimes in progress, potentially life-threatening emergencies, accidents or drunk driving.
- 10. All cellular 911 calls go to the California Highway Patrol. Please tell the dispatcher what city you are in.